

Functional Restoration Program | Flow Chart

FRP Program

FRP Three disciplines

- Medical Management
- Physical therapy
- Behavioral Health



Medical Management

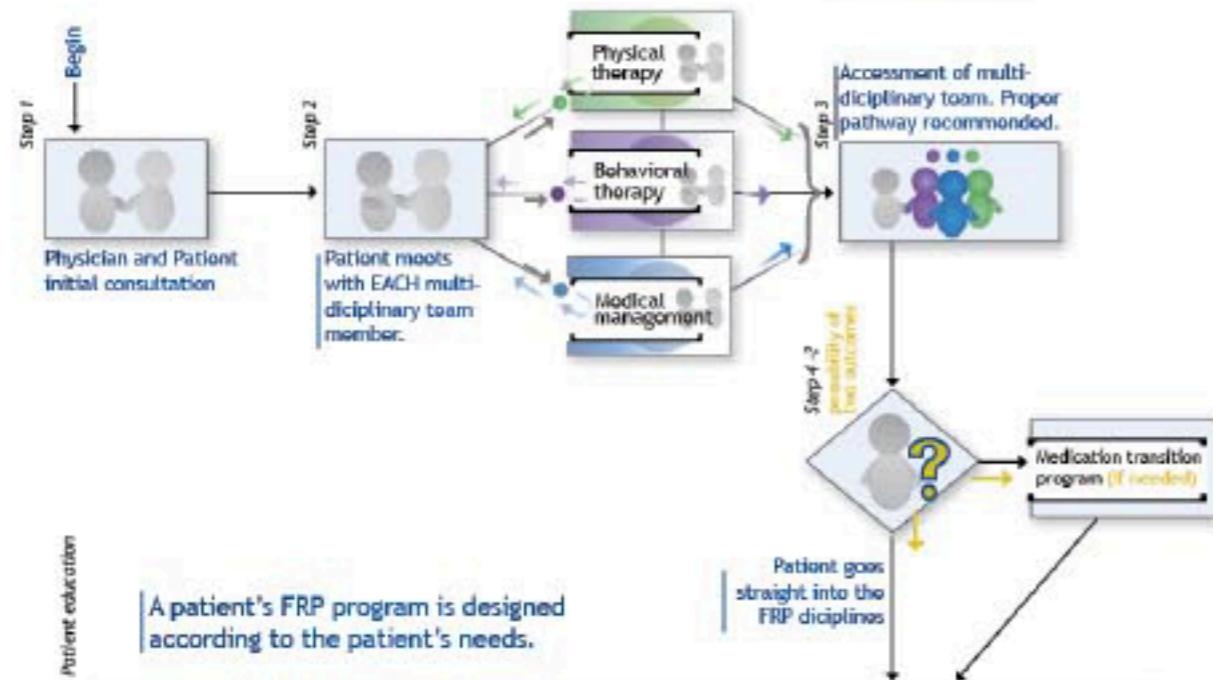
- Understanding Chronic Pain
- Thinking and Feeling About Pain
- Communication and Pain
- Sleep and Chronic Pain
- Pain and Stress
- Managing Flare-Ups
- Finding Balance
- Nutrition Education

Physical therapy

- Alternative Movement Therapies
- Physical Therapy

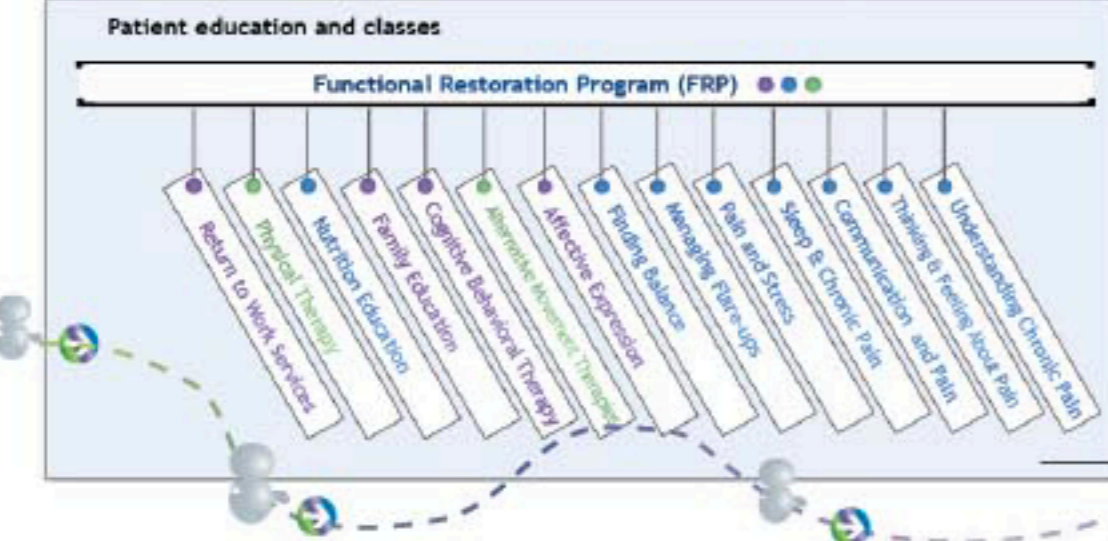
Behavioral Health

- Affective Expression
- Cognitive Behavioral Therapy
- Family Education
- Return to Work Services



A patient's FRP program is designed according to the patient's needs.

Patient goes straight into the FRP disciplines



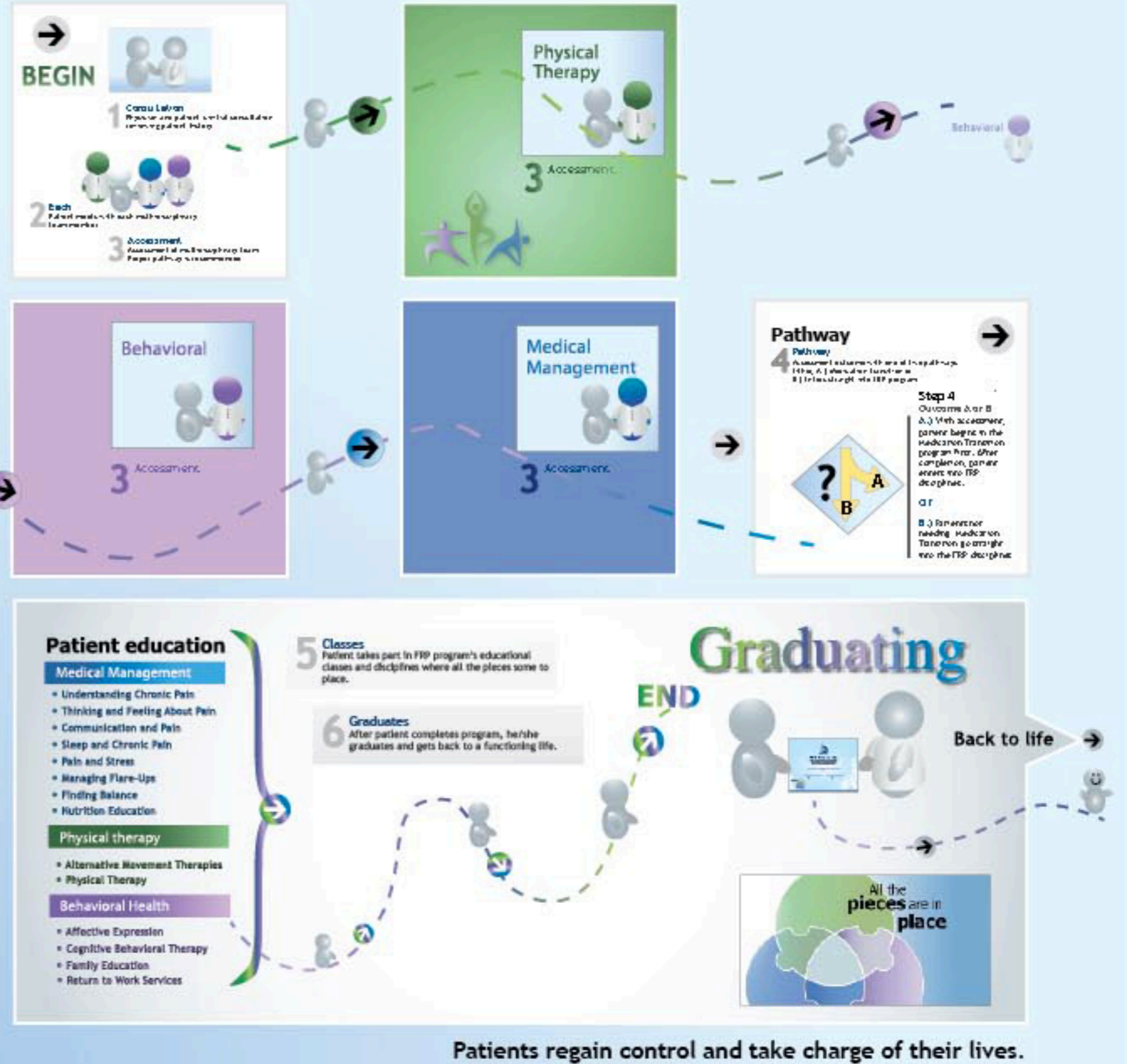
Step-by-step

- 1 Consultation**
Physician and patient's initial consultation reviewing patient history.
- 2 Each**
Patient meets with each multi-disciplinary team member.
- 3 Assessment**
Assessment of multidisciplinary team. Proper pathway is recommended.
- 4 Pathway**
Assessment outcome with one of two pathways. Either, A.) Medication Transition or B.) Enters straight into FRP program.

A.) With assessment, patient begins in the Medication Transition program first. After completion, patient enters the FRP disciplines.
B.) Patients not needing Medication Transition go straight into the FRP disciplines.
- 5 Classes**
Patient takes part in FRP program's educational classes and disciplines where all the pieces come to place.
- 6 Graduates**
After patient completes program, he/she graduates and gets back to a functioning life.



Functional Restoration Program | Step-by-step



Patients regain control and take charge of their lives.